



FOR IMMEDIATE RELEASE: June 18, 2018

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Patriotic pups to jog & walk morning of 4th of July in support of Seattle Humane in Bellevue

The Bellevue Downtown Association will host the 6th Annual Bellevue Four on the 4th Dog Jog & Walk

BELLEVUE, Wash.— The Bellevue Four on the 4th Dog Jog & Walk will treat hundreds of pups and their owners to a 4-kilometer event in Downtown Bellevue on July 4, 2018. While Independence Day is a time for fun and celebration, it is also a stressful time for pets due to loud noises and bright sights. This non-competitive 4-kilometer jog & walk produced by the Bellevue Downtown Association will keep dogs active to ease them into the 4th of July, and will help support local open-door animal shelter Seattle Humane in Bellevue.

The Bellevue Four on the 4th Dog Jog & Walk starts at 9:00 a.m. at Ashwood Park in Downtown Bellevue. A portion of registration fees will benefit Seattle Humane in Bellevue, and donations will help fund adoptions, a pet food bank and humane treatment education. Registration is open online through 4:00 p.m. on July 3 and is \$20 for individuals, \$30 for pairs and \$60 for a team of four. Registration is also available 7:30 a.m. at Ashwood Park on July 4 with increased registration fees. Online registration can be found here: bit.ly/4on4thRegister

On the 4th of July, Seattle Humane recommends keeping dogs indoors, in an enclosed room, creating a calm environment with their favorite toys, and updating their identification tags and microchips in case the dog does flee in response to loud noises. Provide your furry friend with some exercise at the Bellevue Four on the 4th Dog Jog & Walk prior to the fireworks later that night. Seattle Humane shares that exercising your dog at the jog & walk during the day will help keep them calm and more tolerant of evening festivities.

Post jog & walk festivities in Ashwood Park will feature a dog costume contest, a kid's bouncy house, promotional and sampling booths, snacks from Crossroads Grocery Outlet, on-air personalities Claire Beverly and Red from 98.9 The Bull, event t-shirt, photo station,

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2018 Bellevue Four on the 4th Dog Jog & Walk

and Seattle Humane in Bellevue's MaxMobile, a 38-foot bright yellow bus full of adoptable animals. Free parking will be available at the Bellevue Library parking garage, adjacent to Ashwood Park. Visit bellevuedowntown.com for more information.

Community voting is open to find the 2018 Grand Doggie Marshal, a dog to lead the pack into the jog & walk. Voting for the Grand Doggie Marsal is open until June 26 and the winner will be announced on June 27. Find out more about the Grand Doggie Marshal contest here: bit.ly/Marshal2018

Capture your Four on the 4th Dog Jog & Walk moments with us on social media. Tag us on Facebook (/BellevueDowntown), Twitter (@BellevueDT) or Instagram (@BellevueDowntown). Use the hashtag #4on4th to join the conversation.

About the Bellevue Downtown Association

Established in 1974, the Bellevue Downtown Association is a non-profit, membership organization charged with strengthening the economic and cultural vitality of Downtown Bellevue. The BDA advocates for a shared vision of Downtown Bellevue, cultivates economic vitality, fosters a dynamic civic and cultural community and creates an open forum for downtown constituents.

About Seattle Humane in Bellevue

Seattle Humane has been awarded the coveted 4-star rating by Charity Navigator, America's largest independent charity evaluator for the fifth consecutive year! Founded in 1897, Seattle Humane saves lives and completes families 7 days a week, and ensures animal companionship is accessible to all by offering a pet food bank, a low-fee spay/neuter surgery program, humane education, a visiting pets program and more.

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